

Feline atopic dermatitis  
What is similar to canine &  
human atopic dermatitis?

Klaus Earl Loft, DVM  
Resident dermatology  
January 6, 2006

# Intro

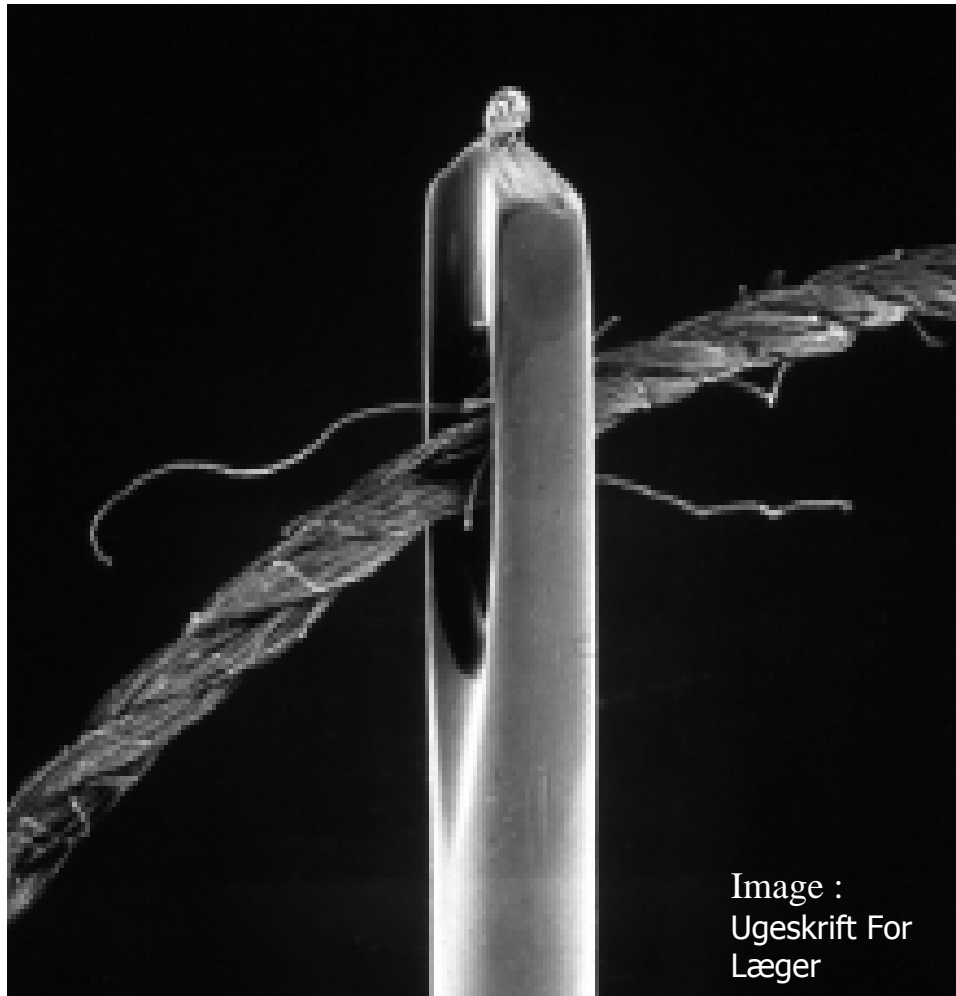


- ✓ History
  - ✓ Human
  - ✓ Feline
  - ✓ Canine
- ✓ Feline atopic disease
- ✓ Pathogenesis
- ✓ Epidemiology
- ✓ House dust mites
  - ✓ background
  - ✓ Clinical signs
- ✓ Diagnostics
- ✓ Treatment
- ✓ Future directions

# House dust mites I

- ✓ *Dermatophagoides farinae* (*D.f.*)
- ✓ *Dermatophagoides pteronyssinus* (*D.p.*)
  - ✓ Allergens (HDMA):
    - ✓ *D.f.* 1, *D.f.*2, *D.f.* 15 .....
    - ✓ *D.p.*1, *D.p.*2...
  - (McCall et al *Vet Immun & immunopathol.*2001)
- ✓ Storage mites
  - ✓ *Tyrophagus putrescentiae* (*T.p.*)
  - ✓ *Acarus siro* (*A.s.*)
- ✓ Since 1964 important factor in human AD
  - (H.Mosbech, *Ugeskrift For Læger*,1999 vol 161, p414-18)
- ✓ Canine since early 1970's
- ✓ World wide present
- ✓ Humans more frequently AD/asthma with *D.p.*
- ✓ Dogs more AD with *D.f.*
- ✓ How is this in cats?


# House dust mites II



- ✓ Color less small 0.3 mm long
- ✓ Feeds on dander from humans, dogs; cats?
- ✓ Optimum conditions 25 °C (77 F), 70~ RH%
- ✓ But they will adapt to low temperatures and can survive with lower RH%
- ✓ < 50 RH% w temp >20 °C (68 F)
- ✓ Immobilized at 4 °C
- ✓ Killed by washing at temperatures >55 °C (130 F)

# HDMA (L. Arlian et al Current allergy 2002)



- ✓ Where in the homes?: fabric covered furniture, bedding = microenvironments where the RH% will provide water enough.
- ✓ 100 mites/gram of dust  $\sim$  2-10  $\mu\text{g}$  of group 1 HDMA = significantly  risk for sensitizations in genetically predisposed individuals
- ✓ Seasonal blooming in numbers of mites
- ✓ HDMA still present after mites are dead!

# Background



- ✓ Feline Atopic dermatitis
- ✓ 1st case of feline atopic dermatitis 1982  
(Reedy et al, JAAHA, 1982)
- ✓ Defined in 1989 by Halliwell as:  
(Vet. Clinical immunology p.232-52)

“An inherited predisposition to develop IgE antibodies to environmental allergens, resulting in allergic disease”

# Feline atopic dermatitis

- ✓ Pruritic dermatologic disease
- ✓ No sex or breed predisposition?
- ✓ Age 6-24 months (6 months to 14 yrs)
- ✓ Major group of allergic cats

(Scott, Miller & Kirk, p.602, P.J. Roosje et al Vet immun & Immunopathol. 2004)

- ✓ Non-seasonal (50-90%)
- ✓ Pollen allergies are rare

**A clinical diagnosis!**

# Human atopic dermatitis (atopic eczema)

## “One definition”:

A genetic chronic relapsing inflammatory skin disease with a “Tendency to develop IgE antibodies to commonly encountered environmental allergens & subsequent of disease” frequently with elevated IgE levels.

- ✓ First described clinically in 1808
- ✓ In 1892 first association between hayfever & AD
- ✓ In 1923 Coca and Coke termed the term **ATOPY** & in 1939 the term Atopic dermatitis was coined to bring together all the group of atopic diseases.
- ✓ Type I hypersensitivity reaction (immediate)
- ✓ Considered “a genetic dysfunction of immune system”  
(V.S. Beltrani et al, Derm online J, Vol 9(2)2005)
- ✓ The exact pathogenesis still not clear.....



# Canine Atopic Dermatitis (cAD)

The ACVD Task Force on Canine Atopic Dermatitis, 2001

- ✓ Pruritic skin condition
- ✓ Relapsing dermatitis
  - ✓ Bacteria/Yeast
- ✓ HDM most common allergen  
(ACVD task force on cAD, 2001)
- ✓ Seasonal/non-seasonal
- ✓ Breed & familiar predilection

Definition: "A genetically-predisposed inflammatory & pruritic allergic skin disease with characteristic clinical features. It is associated most commonly with IgE antibodies to environmental allergens

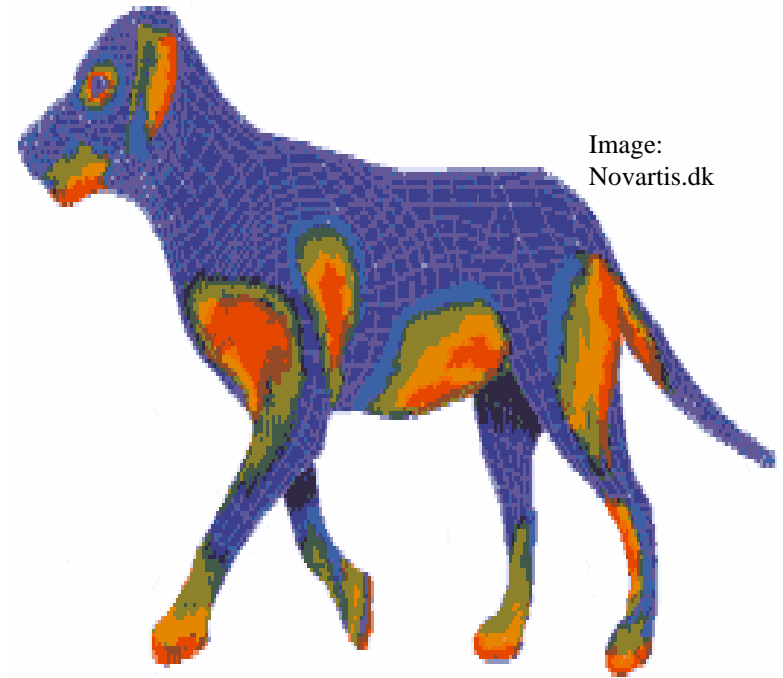


Image:  
Novartis.dk

# Epidemiology of AD

## Canine

- ✓ Approx. 10-15% of dog population
- ✓ Age: 4 months-7 years (70% ≈ 1-3yr)
  - ✓ ↑ prevalence
  - ✓ More cases diagnosed?
- ✓ Genetic selection?
- ✓ More severe clinical manifestation?

## Feline

- ✓ Incidence ?
- ✓ Age: 6 months to 8 years
- ✓ Rare in older Fe.
- ✓ Increase in frequency?
- ✓ Increase in severity?

## Human

- ✓ Children 10-20%
- ✓ Adults 1-3%
- ✓ Rare > 50 yr.
  - ✓ ↑ prevalence in developed countries
- ✓ More severe clinical manifestation ?
- ✓ Hygiene hypothesis

# Genetics and AD

- ✓ Genetic abnormalities reported in humans
- ✓ Little is known in dogs
- ✓ 3 cases of litter mates (K.Moriello, Vet Derm 2001)
- ✓ Abyssians (Bettenay, Proceeding AAVD,1998)

## Canine AD

- Familial history
- Strong breed predilection

## Human AD

- Familial history
- Gene candidates

Not much is known in cats!

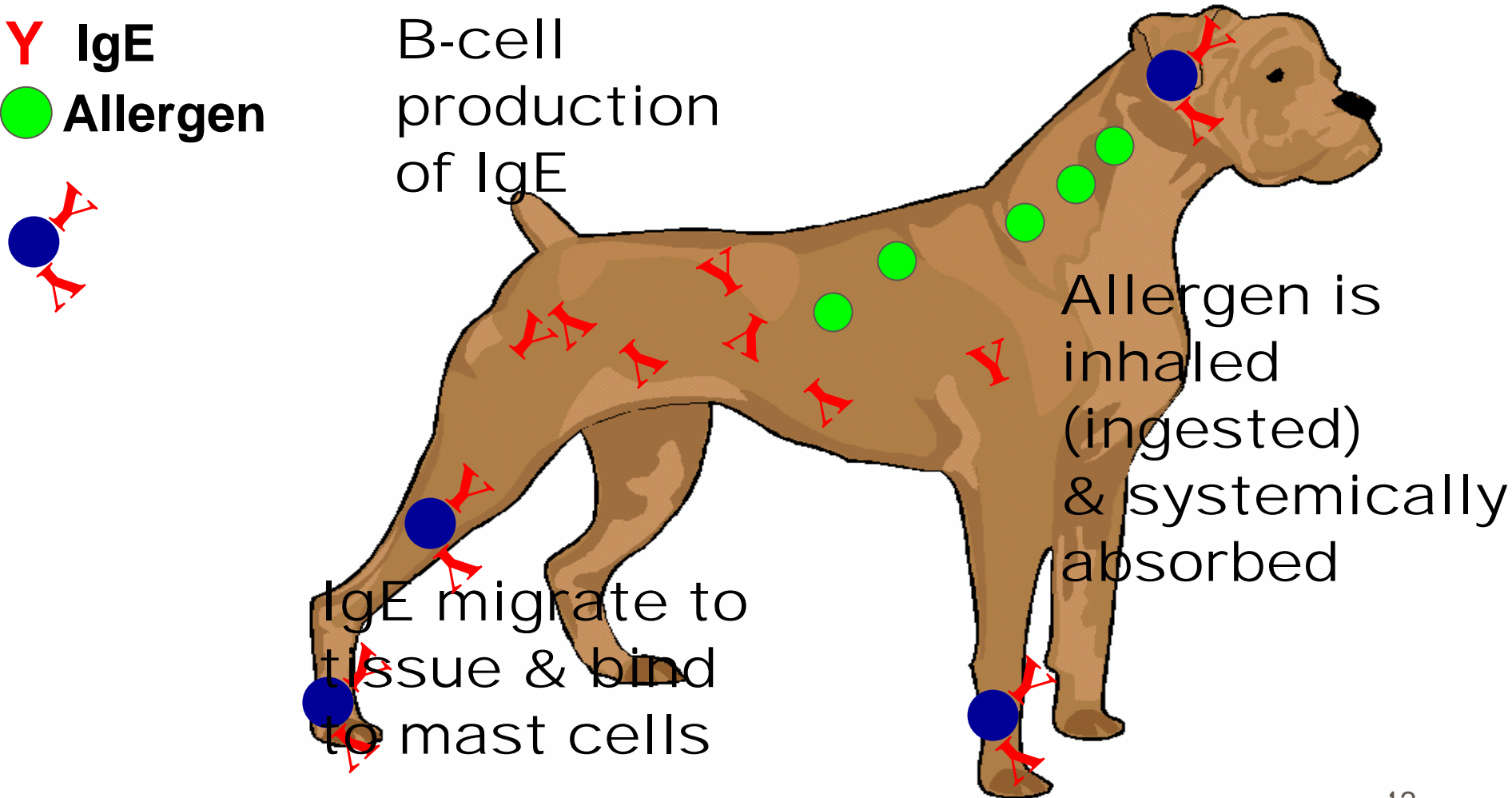
# Pathogenesis: Inhalation Route (allergic inhalant)

**Y** IgE  
**●** Allergen

B-cell  
production  
of IgE

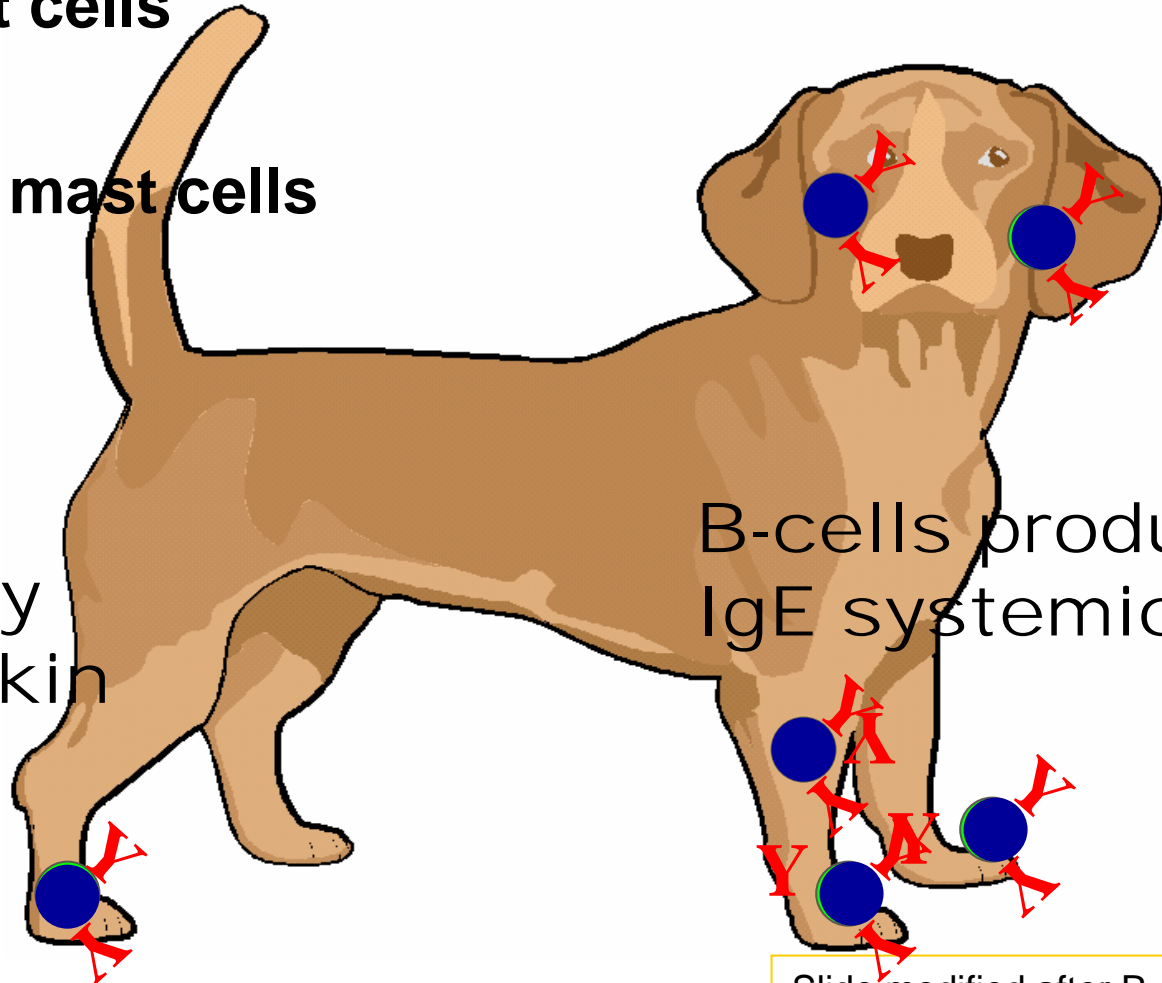
Allergen is  
inhaled  
(ingested)  
& systemically  
absorbed

IgE migrate to  
tissue & bind  
to mast cells



# Pathogenesis: Percutaneous route

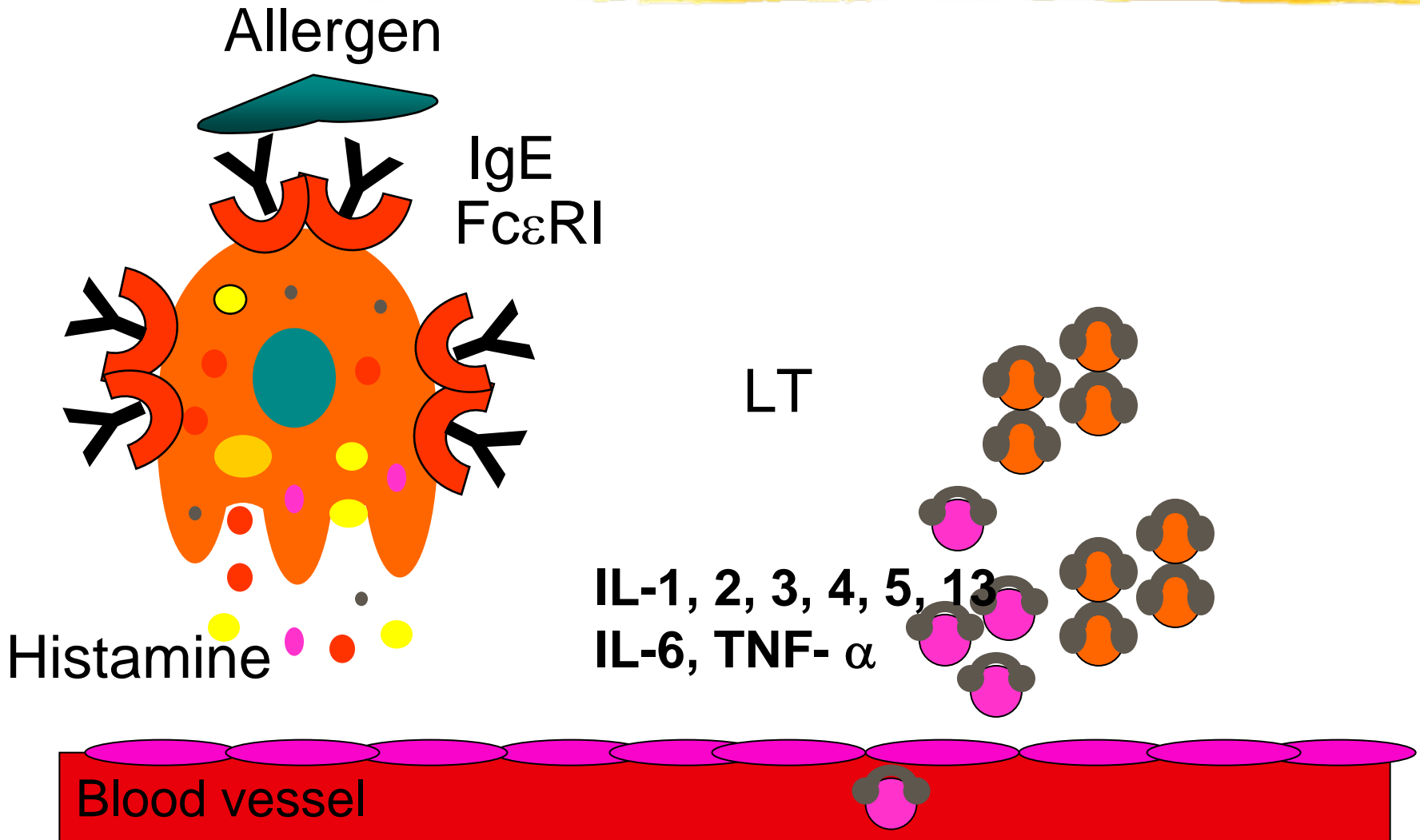
- Y** IgE & mast cells
- Allergen
- Activated mast cells



Allergen is captured by LC in the skin

B-cells produce IgE systemically?

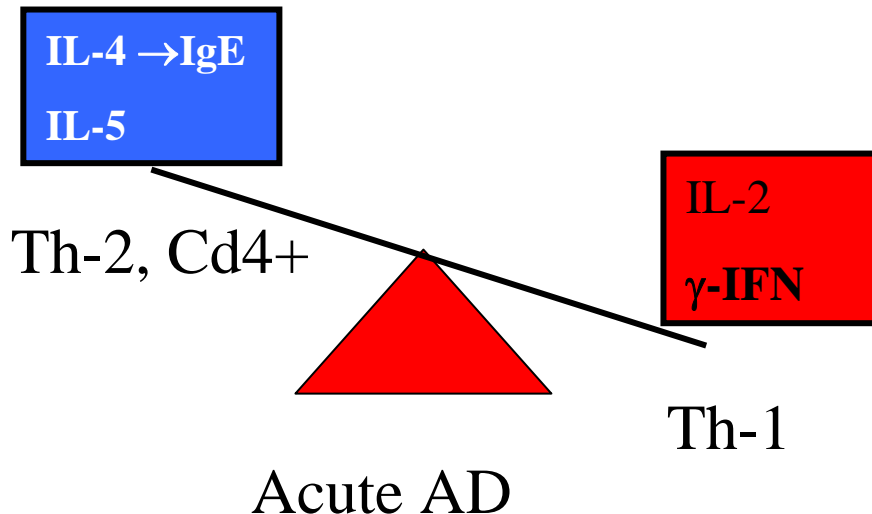
# TYPE I HYPERSENSITIVITY



# Pathogenesis of AD?

## The "new" theory:

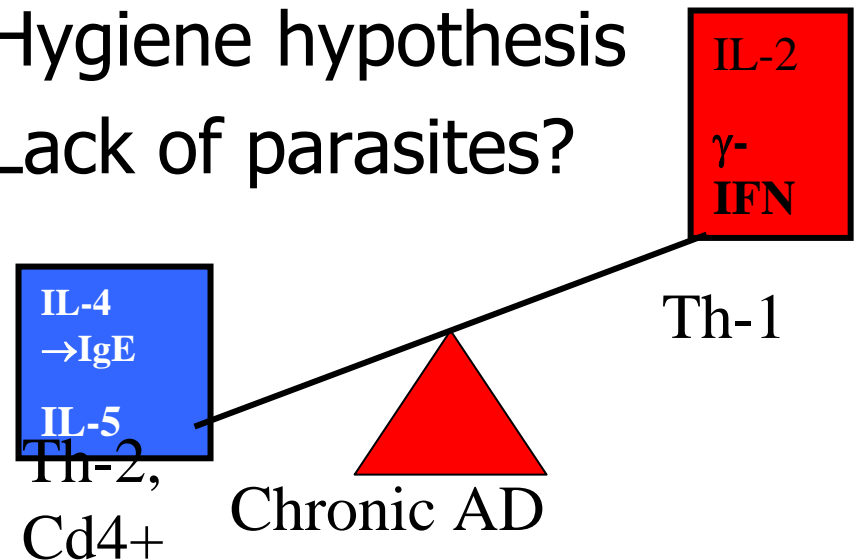
- ✓ T cell imbalances
  - ✓ Biphasic "switch" of T helper cells:
  - ✓ Th1/Th2 balance



## The "old" theory:

Type I hypersensitivity  
IgE, mast cells,  
histamine, leucotriens

- ✓ Hygiene hypothesis
- ✓ Lack of parasites?



# Role of IgE-

## Canine AD

- ✓ Increased expression of surface bound IgE on LC in lesional skin (Olivry et al, 1996)
- ✓ Most dogs with AD have detectable serological allergen-specific IgE

## Human AD

- ✓ LC capture allergen via their high affinity IgE receptor (Fc $\epsilon$ RI)

No difference between atopic and non atopic cats in a small study

(S.Gilbert et al. Vet immunol & immunopathol, 1998 vol. 63 p235-52)



# SPF cats



- ✓ 15 spayed female non clinical AD cats
- ✓ 6 months old
- ✓ Sampled in mid September 2005
- ✓ HESKA tested for 24 allergens
- ✓ 6 cats positive for 1 or more allergens
- ✓ 1 Positive for fleas
- ✓ 14 positive allergens in 480 tested
- ✓ NO HDMA found in the cage room

# Role of missing IgE ?

## Canine AD

- ✓ IgE do not correlate with severity of disease
- ✓ No difference in serum total IgE between normal and atopic dogs  
(M.A. Fraser et al, vet rec. 2003 & Deboer et al ACVD task force)
- ✓ Negative IDT & serology in some dogs with clinical AD

## Human AD

- ✓ Genetic inability to produce IgE may develop AD

## Intrinsic AD

- ✓ 10-30% of humans with clinical AD do not have increased IgE levels
- ✓ Negative IDT/Patch test/serology (total & specific)

# If this is the explanation then.....

Why do we see negative IDT & serology testing in some dogs with clinical signs of AD?

- ✓ Wrong season? testing
- ✓ Allergens not included in the panel test?
- ✓ Heterogeneity of IgE
- ✓ (Suppressive "Drugs") EFA, etc.

Why do we see positive IDT and serology testing in normal dogs with no signs of AD?

- ✓ IgE heterogeneity
- ✓ Yet to develop clinical signs
- ✓ Positive IDT and serology testing: a secondary criteria for diagnosis

# Clinical signs of AD

Symptom	Human	k-9	Fe
Pruritus	++	++	++
Otitis	*	++	-
2° Alopecia	?	++	+++
2° Erythema => lichenification	+	+	-
Eosinophilic granuloma	?	-	+
2° pyoderma	+/-	+/-	-
Miliary dermatitis	-	-	++
Rhinitis/conjunctivitis	+	(-)	++/-
Asthma	+	-	+/-

# Clinical picture Dermatitis

Canine

Feline

Human



Miliary dermatitis



# Clinical picture: abdomen

Canine



Feline



Human





# Clinical picture: Feet

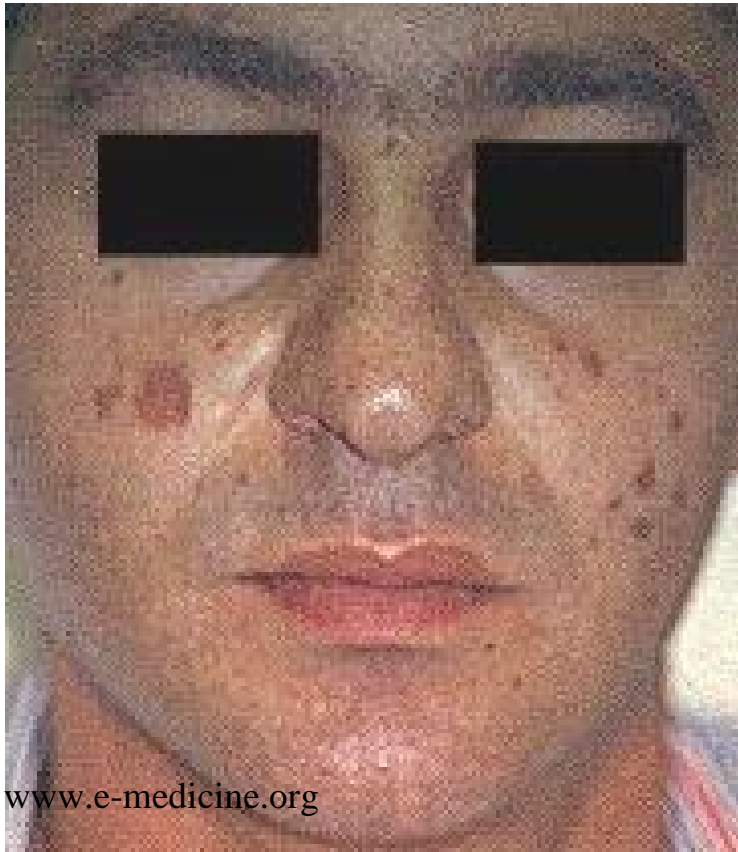
Canine

Feline

Human



# Clinical signs: face





# Diagnosics



## Anamnesis

- ✓ History
  - ✓ Familial?

## ✓ Clinical signs

- ✓ +/- Non seasonal pruritus
- ✓ Alopecia (symmetrical)
- ✓ Miliary dermatitis
- ✓ Eosinophilic granulomas

## ✓ Response to prednisolone

(C.Graham-Mize, WCVD5, 2004)

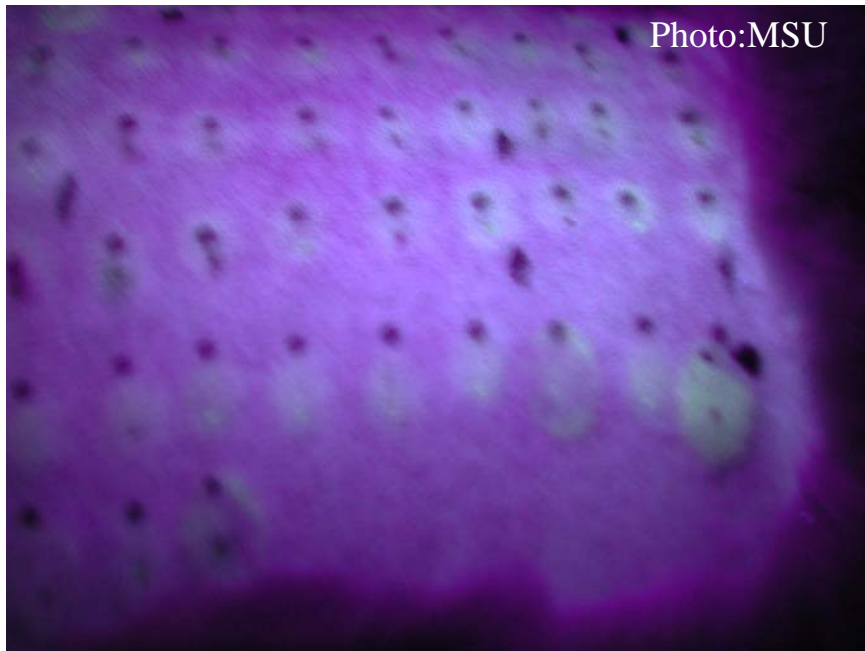
## Rule out

- ✓ Parasites
- ✓ Fungal
- ✓ Bacterial
- ✓ Neoplasia/paraneoplasia
- ✓ Viral?
- ✓ Cutaneous adverse food reaction

# Diagnostic tests

## Intra dermal test (IDT)

- ✓ Flourescein 10%  
(S.J.Park et al, Aust. Vet Journal, Nov 2002)
- ✓ 4.4 mg/kg iv read with woods lamp
- ✓ To enhance the reading of the IDT



## IgE Serology

- ✓ (RAST, ELISA, Liquid phase)  
(K.Talinger et al Vet immunol & immunopathol. 2005)
- ✓ n=59 cats HDM AD
- ✓ Age 1-13 yr (5.1yrs)
- ✓ Compared IgE (*D.f* & *D.p*)
- ✓ Grouped (6) based clinical signs
- ✓ n.s. for both Group I & II IgE)

# Treatment of feline AD

- ✓ Avoidance ??
- ✓ Prednisolone (Graham-Mize)
- ✓ Allergen Specific Immuno Therapy(ASIT)
- ✓ Antihistamine
- ✓ Essential Fatty Acid(EFA)  
(F. Kristensen et al, WCVD 2004)
- ✓ Cyclosporine (CSA)
- ✓ (Megestrol acetate)



# Summary



1. CONSENSUS on the definition of AD
    - ✓ Who do we test?
  2. Acceptance of terminology
    - ✓ Why do we test?
  3. Uniform testing materials
    - ✓ How do we test?
  4. Better understanding of the interplay between the genetics, allergens & the mechanism of disease
    - ✓ Does it make a difference?
- 
- ✓ Questions?

# Literature



- 📄 K.L Thoday, C.S. Foil & R. Bond: Advances in Veterinary Dermatology Vol 4. Proceedings of IV World Congress of Vet derm 2000.p 178-189,153-160
- 📄 É. Guaguère & p. Prélaud: A practical guide to Feline Dermatology, Merial, p10.1-10.8
- 📄 Scott, Miller & Kirk: Small animal dermatology, 6th ed. P.601-608
- 📄 A. P. Foster et al: Studies on the isolation and characterisation of a reaginic antibody in a cat, Res Vet SC Vol. 58,1995, p70-74
- 📄 K.A. Moriello, Feline atopy in three littermates. Vet Dermatol. 2001 Jun;12(3):177-81.
- 📄 S. Gilbert & R.E. Halliwell: Production and characterisation of polyclonal antisera against feline IgE, Vet Immunol Immunopathol. 1998 vol 63(3)p.223-33.
- 📄 P.J. Roosje, et al.: Immunophotyping of the cutaneous cellular infiltrate after atopy patch testing in cats with atopic dermatitis. Vet Immunol Immunopathol. 2004 vol 101 p.143-51.
- 📄 P.J. Roosje, et al.: Interleukin 4-producing CD4<sup>+</sup> T cells in the skin of cats with allergic dermatitis. Vet. Pathol. 2002, Vol 39, p228-33
- 📄 P.J. Roosje, et al.: Increased numbers of CD4<sup>+</sup> & CD8<sup>+</sup> cells in lesional skin of cats with allergic dermatitis. Vet. Pathol. 1998, Vol 35, p.268-73
- 📄 C.R. Norris et al: Production of polyclonal antisera against Feline immunoglobulin E & its use in ELISA in cats with experimental induced Asthma
- 📄 Fitzpatrick's dermatology in Gen. med. P.1180-